

SCHOOL MENTAL HEALTH

Our Mission:

Promote healthy social, emotional, and behavioral development for all NYC students.

- ▶ Decrease stigma
- ▶ Close treatment gaps
- ▶ Improve academic outcomes
- ▶ Connect schools, students and families to mental health information, resources and support

100 Schools Project



Community School Mental Health Program



School Mental Health Prevention and Intervention Program



School-Based Mental Health Clinics



School Mental Health Consultant Program



School Response Teams



The New York City Department of Health and Mental Hygiene and the NYC Department of Education have expanded mental health programs to every NYC public school through the Office of School Health's School Mental Health Program.

The School Mental Health Program has many service models, based on the school's needs. Services include:



Community School Mental Health Program

The Community School Mental Health Program is a part of the Community Schools Initiative within New York. This model incorporates academics with health and mental health services, social services, expanded learning opportunities and family resources. Through the Office of School Health, mental health managers work with community schools to assess the mental health needs of each school, provide services on site and create partnerships with community mental health providers.



School Response Teams

School Response Teams support schools so they can better meet the mental health needs of their students. Teams conduct mental health assessments, make referrals to needed community-based mental health and social services and engage parents through outreach. They also conduct crisis interventions and trainings in the schools.



School Mental Health Consultant Program

The School Mental Health Consultant Program supports schools' efforts to promote social and emotional well-being by building supportive environments and by strengthening family and community ties. The program has six core objectives: promote, assess, map, train and consult. Consultants work with schools to assess school needs, strengthen the connections between schools and community-based organizations, and connect students and families to additional support.



School Mental Health Prevention and Intervention Program

The Prevention and Intervention Program seeks to expand mental health services and improve the climate in public schools with ongoing complex mental health needs. Within this program model, mental health managers work with schools to assess the mental health needs of students, provide services on site and create partnerships with community mental health providers.



The 100 Schools Project

The 100 Schools Project is a joint initiative of the Jewish Board and four NYC-based hospitals. This program aims to promote mental health and to prevent or address behavioral health issues such as substance abuse. Behavioral health teams provide trainings and coaching to school staff to increase referrals within the community and to decrease emergency room visits.



School-Based Mental Health Clinics

Licensed by the New York State Office of Mental Health, these clinics provide individual, family and group therapies; crisis and psychiatric assessments; case management; school community outreach; and 24-hour crisis coverage for students.

The School Mental Health Program also supports:



School Based Health Centers with Mental Health Services:

These centers provide comprehensive health services such as physical exams, vaccinations and emergency care. They also provide mental health services and support.